

# Pool Lifeguard Training

Drowning Prevention Auckland offers hands-on pool lifeguard training for your workplace, equipping your team for life in, on and around the water.



**Drowning  
Prevention  
Auckland**

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# Pool Lifeguard Practicing Certificate (PLPC) Outline

Day	Theory Outline	Practical Outline
1 2	Comprehensive First Aid (US 6400, 6401, 6402)	Scenario Training and Management Swim test (pre-test)
	Becoming a Pool Lifeguard	
3	Pool Supervision Managing Risks & Hazards Rescues & Emergencies	Incident Forms Hazard Identification Aquatic Rescue Techniques
4	Suspected Spinal Injuries Leading an Emergency	Spinal Rescue Techniques & Rescue Scenarios
5	PLSA Theory Assessment Debrief of PLSA Brief of PLPC Placement	PLSA Practical Assessment Swim test (post-test)

Industry training for Pool Lifeguards :  
Group bookings only (Minimum of 5 participants per course).  
Workplaces to be registered with Skills Active.



## Pool Lifeguard Award

- Required current workplace first aid with Unit Standards 6400, 6401 and 6402
- Pool lifeguard skills award
- Pool lifeguard practicing certificate
- 3 days of training
- 20 hours of work experience at a pool facility to be completed post training

**\$400 +gst p/person**

Minimum 5 participants



## Pool Lifeguard Award with First Aid

- Pool lifeguard skills award
- Pool lifeguard practicing certificate
- Comprehensive workplace first aid (US 6402, 6401, 6400)
- Oxygen and AED training
- 5 days of training
- 20 hours of work experience at a pool facility to be completed post training

**\$500 +gst p/person**

Minimum 5 participants



## Pool Lifeguard Practicing Certificate Revalidation

- Practical and question based re-assessment
- Workplace training evidence reviewed
- Industry standard updates
- 4 hours of training and assessment

**\$500 +gst**

For up to 5 participants  
\$80 for additional participants

For more information

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